# TOGETHER

A program to empower and educate women from all over the Americas.









#### **Program Overview**

# Introduction

NBDF, HOG and COA had been working since 2022 in a scholarship program for women from all over the Americas.

We strongly believe that working with selected potential leaders is the key to make the changes we need to do to empower women community.











Program first year

# First step 2022

2022 was the first year of the program

- As a result of this participation COA'S Women Committee has been born.
- Together program has been an initiative of this Committee.
- 4 women related projects executed in Argentina, Brasil, Uruguay and Puerto Rico.



















# TOGETHER

**PROGRAM** 







#### **TOGHETHER**

### we can:

CREATE A REGISTRY OF WOMEN WITH BLEEDING DISORDERS.

**INCLUDE WOMEN IN STUDIES AND ANALYSIS** 

**CREATE INTERNATIONAL HEALTH CARE PROTOCOLS** 

**UNIFY CURRENT RECORDS FOR WOMEN'S DATA** 

**CREATE MEDICAL SPECIAL SPACES FOR WOMEN** 

MOTIVATE WOMEN TO MAKE CHANGES

MAKE THEM A PART OF A COMMUNITY

**EMPOWER WOMEN FROM ALL OVER THE AMERICAS** 

**GENERATE VALUABLE CONNECTION AND NETWORKING** 

#### Our program main

# Objectives









### 01

#### First goal

That women leaders of Americas obtain the necessary tools, at a practical level, to carry out debates and influence public health policies in each country.

02

#### **Second goal**

Create a WGWBD registry of the Americas with a special zoom in each country.

03

#### Third goal

Receive support to execute their projects in each country with impact.

04

#### Fourth goal

Giving visibility to their actions in order to raise awareness among their communities on these issues.



#### Fifth goal

To generate engagement to execute an specific project with a clear analysis and strong ideas to execute in each participant country.



### **Process**

We defined a five step process to develop TOGETHER PROGRAM.



#### **MARCH**

First Step

Ol Communication campaign, call to action.

Open call for scholarships.

Present a recommendation letter from the NMO and a personal recommendation letter.

#### MAY

O2 Second Step
Selection process

Personal interview with a selected team of COA coordinators.

Written commitment to continue at the ONM for at least 6 months after BDC 2023

#### **JULY**

O3 Third Step
Getting ready for BDC!

Meeting to go through the agenda, advice to get the most of the BDC, objectives and possible project ideas.

#### **SEPTEMBER**

O4 Fourth Step
Closing meeting

Closing meeting during BDC Each participant has to present her project first idea.

#### **DECEMBER**

O5 Fifth Step
Projects and mentoring

Each participant has to present a project to implement.

Each one of them will have a one year mentoring process.



#### Our program

# Grants profile:

- Real and verificable commitment in their local NMO.
- Patient or immediate family member /Women with a bleeding disorder.
- Advanced english language skills.
- Approved and current VISA.
- Proactive and interested in obtaining new knowledge.
- With basic knowledge of hemophilia and bleeding disorders.

# All our grants will:

- Present letters of recommendation and get an interview to present themselves.
- Participate in previous meetings to plan their participation in BDC.
- Have group meetings during the BDC, to get the first ideas of their projects.
- Have follow ups with COA'S TOGETHER program's coordinators.
- Delivered their projects related with women.
- Get the chance to have a mentor of HOG, NBDF or COA throughout 2024.



#### Our program

# 2023 results















02

Alexandra Robledo - COLOMBIA



03

Sofía Rojas - COSTA RICA



04

Violeta Farah - VENEZUELA



05

Tammara Valle - PUERTO RICO



06

Amanda Brito del Pino - URUGUAY

#### **Soledad Rivero**

Lot of experience in the organization, more than 50 years in the foundation.

Very good level of English.

Current secretary of the Argentina Foundation.

Participant of "Mujeres Activas (women's group from Argentina).



#### Project name

"Mujeres Activas" in Communication & Awareness "ALZA TU VOZ" / "RAISE YOUR VOICE"





"Argentina has been working in women's project over the last years but BDC experience made us go further. To think about other ways to get awareness not only in our country, to be a part of the change all over the Americas".



#### Alexandra Robledo

President of the Bogotá chapter since 2018.

Involved in the organization since its birth.

She is a Teacher with an education degree, music teacher, specialist in emotion management.



#### **Project name**

"Hemocamp"



Having participated in the BDC made me very happy, not only to have met wonderful people, but also to know what is being done in other countries to support women with bleeding disorders. As a leader in my country, I was able to bring all that knowledge to my beloved Colombia to put it into practice. I'm very grateful!

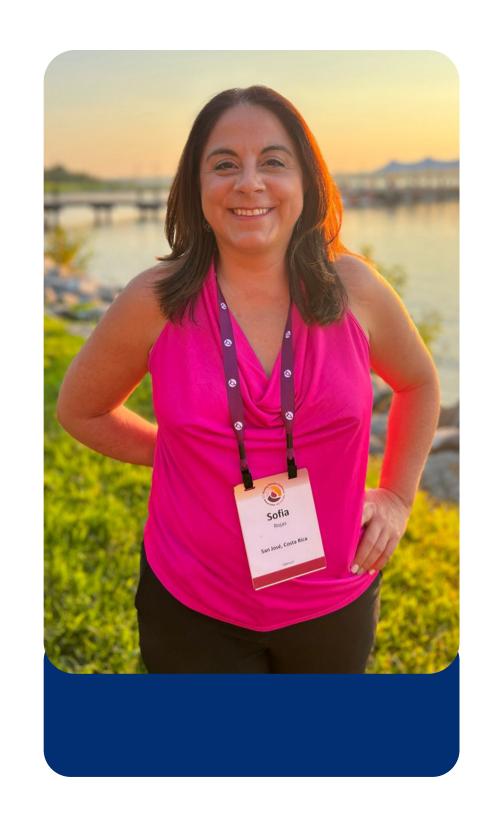


### Sofía Rojas

She has been part of the board of directors of her Association and has served as secretary for five years.

She plans to continue being involved in the organization.

She is trained in marketing and administration. Has interests in generating protocols, structures, and work processes.



#### **Project name**

"Work Plan for Women and Girls with Bleeding Disorders"

## COSTA RICA

"Participating in the congress and being part of the program has been an amazing learning experience.

I shared with many women common goals and an inspiring strength. Thank you for the opportunity!"

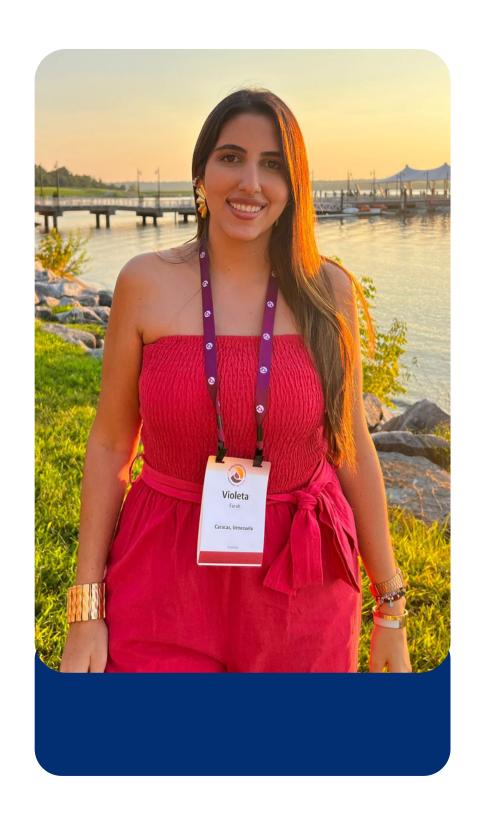


#### Violeta Farah

New volunteer, Von Willberand type 3.

25 years, Degree in Marketing and Communication.

**COA'S Youth Committee Coordinator.** 



#### Project name

"Mujeres con voz" / "Women voices"





"BDC participation open to me a new world of knowledge in bleeding disorders reality. Now I have new goals to change the experience of women that live with this reality".



#### Tammara Valle

Sixteen years of experience on different leadership roles and positions within the Puerto Rico Hemophilia Association.

Camp Director for three consecutive years at the Puerto Rico Hemophilia Association.

Currently participant and volunteer at the newly formed Female Program at APH.

Support volunteer as a main facilitator at grade school level program imparting presentations at schools where young patients attend in order to raise awareness among faculty staff and peers.



#### **Project name**

"MUJERES CON VOZ" / "WOMEN'S VOICES"

# PUERTO RICO



'BDC has been a humbling experience. Sharing ideas and experiences with other Latin American women gave me the opportunity to understand the condition of women in other countries. This program has open doors to actively work together on behalf of women with bleeding disorders".



### Amanda Brito del Pino

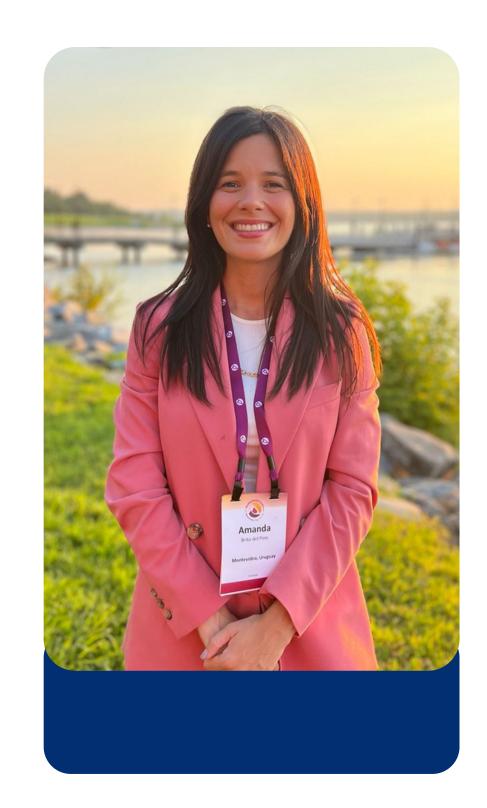
Susan Skinner Grant 2018.

Seven years of experience in Uruguayan Hemophilia Association.

Participant of the COA Women's Committee.

Experience in communication and advocacy.

Advocacy leader of the second access plan for new medication in Uruguay.



#### **Project name**

"WOMEN IN URUGUAY: AWARENESS AND EDUCATION PROGRAM"



"Being in contact with USA reality has been a Wonderfull experience for me. Full of learnings about other ways of getting our goal: to get women to be heard and treated. Working with women from all over the Americas has been an amazing opportunity for me. To be part of the change, all over the world".









